

December 2022

Recently, I came across a very interesting article concerning the economic loss due to symptoms of “Menopause”. This was based on an extensive study done by the Mayo Clinic in Rochester, Minnesota, authored by Dr. Ekta Kapoor.

In summary, the research showed that “one in eight women said issues stemming from menopause caused them to miss work multiple days of work, reduce hours on the job, and even quit, retire, or be laid off. ”It went on to say ”We were shocked to see the significant impact of menopausal symptoms in the workplace”.

As shocking to me is that it took this long to realize that women have been suffering from symptoms of hormone deficiencies for generations and no one seemed to care. Now, when it affects the economy of the corporate world, the Mayo Clinic studies this issue. Furthermore, this is akin to the shocking realization that there is gambling in Rick’s Cafe in Casablanca.

Throughout the study there is no mention of actually replacing the hormones that are deficient or out of balance that is actually the etiology of this economic loss.. The research team emphasizes that there are significant psychological symptoms related to the “menopause transition”, as if to say that you go through menopause and then all is well. This is just not helpful and goes against the biochemistry of hormone deficiency syndromes, including menopause.

The study goes on to conclude that a majority of women do not openly discuss the issues with management. Of course, by making this process a mental illness issue only exacerbates this problem, due to obvious embarrassment.

We at Hormonmify assert that hormone deficiency as it relates to Menopause or Male hormone deficiency is akin to diabetes and thyroid hormone deficiencies and can be discussed openly without judgment.

Hormones need to be replaced and balanced to treat the cause of these symptoms to reduce the serious economic impact of Menopause and Male hormone issues.